

2015 VSI REGIONAL SUMMER AWARDS (CGBD)

Friday Morning Warmups (Competition start: 8:15 AM)

	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8
7:00-7:30 AM	ODAC	ODAC	SEVA	SEVA	SEVA	CGBD	CGBD	CGBD
7:30-8:00 AM	TIDE	TIDE	WAC	WAC	VYAC	VYAC	TAC	EF,OBX UNAT

Friday Afternoon Warmups (Competition start: 1:30 PM)

	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8
12:15-12:45 PM	TIDE	TIDE	SEVA	SEVA	SEVA	CGBD	CGBD	CGBD
12:45-1:15 PM	TAC	WAC	ODAC WAC	ODAC	ODAC	VYAC	VYAC	EF,OBX UNAT

Saturday Morning Warmups (Competition start: 8:15 AM)

	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8
7:00-7:30 AM	EF,OBX TAC	SEVA	SEVA	SEVA	CGBD	CGBD	CGBD	CGBD
7:30-8:00 AM	VYAC UNAT	VYAC	TIDE	TIDE	WAC	WAC	ODAC	ODAC

Saturday Afternoon Warmups (Competition start: 1:30 PM)

	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8
12:15-12:45 PM	VYAC	SEVA VYAC	SEVA	SEVA	SEVA	CGBD	CGBD	CGBD
12:45-1:15 PM	TIDE	TIDE	WAC	WAC	ODAC	ODAC	ODAC, OBX, UNAT	TAC

Sunday Morning Warmups (Competition start: 8:15 AM)

	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8
7:00-7:30 AM	SEVA	SEVA	SEVA EF	TAC	CGBD UNAT	CGBD	CGBD	CGBD
7:30-8:00 AM	ODAC	ODAC	WAC	WAC	TIDE	TIDE	VYAC	VYAC OBX

Sunday Afternoon Warmups (Competition start: 1:30 PM)

	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8
12:15-12:45 PM	SEVA	SEVA	SEVA	ODAC	ODAC	CGBD ODAC	CGBD	CGBD
12:45-1:15 PM	TIDE	TIDE	VYAC	VYAC	WAC	WAC	TAC	EF,OBX UNAT

**Sunday Distance Warm-up will be not earlier than 3:40 PM
(competition starts not earlier than 4:00 PM)**

15 Minutes of Open Warmups + 5 minute break prior to the start of event #87